



# Speak Up, Epping! Newsletter

Volume 7, Issue 1

Epping, New Hampshire

January-February, 2014

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.SpeakUpEpping.org](http://www.SpeakUpEpping.org).*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.org](http://www.speakupepping.org). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late breaking news, past Newsletters, town links and calendars.

Check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline. You can connect with us and with other local friends, services, businesses and organizations.

## Update on the East West Express

**Providing convenient, low-cost transportation to Manchester, Airport and Portsmouth**

*First public transportation between these NH cities*

The **East West Express** service started on November 4<sup>th</sup> and has been operating 20 non-stop trips, every day, to and from Manchester Airport and Portsmouth.

The number of Epping Park & Ride passengers has been steadily increasing as the business community and local residents are realizing that FREE PARKING and a \$9, non-stop, ride between the Park & Ride and Manchester Airport is the least expensive and most convenient way to access Manchester-Boston Regional Airport. In many cases the passengers are being dropped off

or picked up at the Park & Ride by a family member or business associate!

Additionally, the **East West Express** has attracted several daily commuters who commute between the Epping Park & Ride and Manchester Airport and in Downtown Manchester. We even have passengers booking service between the Epping Park & Ride and Portsmouth, NH.

The **East West Express** web site is now on-line at <http://www.eastwestnh.com/>. Passengers can review schedules and fares and book a reservation 24 hours a day on-line or on the phone over a toll-free line at 1-800-245-2525. In addition, daily commuters can purchase commuter passes on-line or by phone and travel for roughly half price if they plan on making 10 round trips in a 30 day period.

## Senior Moments

The Epping Watson Academy Senior Citizens Club's November meeting was a real disappointment. Representatives of AARP spoke to us about the Affordable Care Act. You'd think they could see that we were senior citizens. However, showing us graphs, charts and numbers aimed at the working group put us right to sleep. T.M.I. So, we'll be trying again in January with Walmart Pharmacist Jennifer Ford who knows what senior citizens should know.

Looking back at 2013 left us exhausted. We did a lot of things, traveled to lots of places and enjoyed every minute of it. Even getting lost in the blue bus once in a while highlighted our day. Of course the first few months of the new year will keep us pretty close to home. We'll knit, read, watch sports and clean out closets (again). These golden years let us enjoy the beauty of winter from inside. Just a few years ago, we enjoyed it from the outside. Changes happen when you're not looking.

Our first Christmas party at the Masons building was a huge success and the buffet was amazing. Thank you Misty Glines and the Masons

of Epping. See you again this year.

We are pretty proud of ourselves with the volume of food and toys we donated during the holiday season. Actually, donating food is now our on-going project. The need is always there and being able to help gives us a real good feeling. Everyone can enjoy that good feeling by just dropping a food item in the collection box located at the entrance to the Fire Department. If that's not convenient, stop in at the Soup Cafe in the Community Church on Thursdays and bring the food with you.

Riding through the Gift of Lights in Loudon is almost impossible to describe. What a show and what a wonderful way to enjoy the season! Here is another one of those "must sees." Check it out next winter.

Our agenda for 2014, includes tours we never got to, such as the Candy Factory in Laconia, the Isabella Stewart Gardner Museum in Boston, the Dean Kamen production in Manchester and much more. New speakers are always welcome at our meetings. If you have topics that interest and apply to senior citizens, just give us a call at 679-3797 or 679-8677. Remember that we meet the second Thursday of each month at 1:00 pm in the Fire Station. Check us out.

Well, it's resolution time and we've made ours. The revival of the Watson Academy is number one. The Food Pantry is number two and getting involved in Epping's big birthday celebration is number three.

Friends watch out.....we're living longer....., so, that changes the odds.....don't you think?

*Submitted by Irene R. Cote, Secretary*

## News From the Town

Town Hall will be **closed**:

**January 1** for a Happy New Year!

**January 20** Martin Luther King, Jr. Civil Rights Day

**February 17** Presidents Day

### Upcoming dates:

**January 14** – Last day for Petition Articles

**January 22** – Filing Period for Town Positions

**January 31** – Last day to file for Town Positions

**February 4** – Town Deliberative Session

**February 6** – School Deliberative Session

**February 19** – Candidates Night

**March 11** – Town Election

There will be a meeting of Epping's 275<sup>th</sup> Birthday Bash Committee Meeting on January 22<sup>nd</sup> at 7 pm. All are welcome.

## Latest News from Brickyard Square

A package deal of Dinner and a Movie is now available for Popovers at Brickyard Square and O'neil Cinema in Epping! It consists of Dinner for Two at Popovers at Brickyard Square and two Movie Passes to the O'neil Cinema for only \$40 – a great deal! The packages are available for purchase in store at Popovers in Portsmouth and Epping.



## Epping Lions Club

**"We Serve"**

**We Want YOU to Join the Epping Lions Club**

**[www.epping.nhlions.org](http://www.epping.nhlions.org)**

**[www.epping.nhlions.org](http://www.epping.nhlions.org)**

We Need Your Help!! We are looking for new members to grow our Club. This will allow us to give back even more to our community.

The Epping Lions Club was chartered in April of 2009 with help from the Exeter Lions Club, who acted as our "Guiding Lions," helping us to form our Club and follow Lions Club International rules.

Our initial Charter includes 32 community members and we meet on a monthly basis to discuss ways in which we can better our community. We all take time out of our already busy lives to volunteer to help those less fortunate. The more members we have, the more local residents receive much-needed help that they could not afford on their own.

Feel free to contact one of our officers and get more information on attending a meeting. Be sure to visit our [Facebook page](#) and keep updated on all our news and events

**Jason Sullivan, President & Secretary**

**[Jason.B.Sullivan@edwardjones.com](mailto:Jason.B.Sullivan@edwardjones.com).....679-2491**

**Debbie Moulton, Treasurer**

**[dmoulton@stepupbooks.com](mailto:dmoulton@stepupbooks.com).....679-2022**

**Deb Brooks, Eye-glass Collector**

**[lexusreina@comcast.net](mailto:lexusreina@comcast.net).....679-5407**

*Submitted by Jason Sullivan*



## TALES FROM EPPING'S PAST

**Another Epping Boy Makes Good**

**John Chandler 1762 - 1841**

The ancient rock formation we knew as "The Old Man of the Mountain" or "The Profile" is sadly no

more. Daniel Webster once wrote of that great stone face that “up in the Mountains of New Hampshire, God Almighty has hung out a sign to show that there He makes men.”

Surely, such a man was John Chandler, who was born here in Epping and raised on Red Oak Hill. His father died during the Revolutionary War leaving his large family with “not enough property to pay his debts.” During that trying time, John stayed on the farm helping his family by working as a blacksmith.

Then his mother remarried and he took off for Newburyport where he got on a privateer ship whose dangerous business it was to harass and rob the British at sea. He was then about 16 years old. His ship was captured by the British and John and the crew were tortured and taken to a southern prison from which he finally managed to escape. Then, begging for food all along the way, he began the walk of over a thousand miles to get back to Epping. It took him two years to do it, but he finally made it home to the great joy of his mother and family who had given up on ever seeing him again.

John Chandler was one of the Revolutionary soldiers from Epping who pioneered the northern wilderness after the war. He was homeless and penniless, but determined to get ahead, he sat down with the school children to learn to read and write along with them. Also, much to his good fortune, he was taken under the wing of the very influential General Henry Dearborn\*, also from Epping, who became his mentor and lifetime friend.

Under Dearborn’s encouragement and guidance, Chandler rose from his very humble beginnings to positions of great power. Among them, he became the Sheriff of Kennebec County, a Brigadier General in the War of 1812 (where he was wounded and captured) and a U.S. Congressman. He was a driving force in creating the state of Maine, then part of Massachusetts, as it’s own separate state and became the first President of the Maine Senate.

Described as “an old war horse,” John Chandler’s last years were spent in Augusta, Maine where he died in 1841 and was buried there in Mount Pleasant Cemetery.

Some years ago, after speaking to the Monmouth Maine Historical Society about their town’s connections to ours, one of John Chandler’s direct descendants approached and turned her head to profile her “Chandler nose.” Believe me, it was a nose to be proud of.

And perhaps someday, as we have done for the Plumer and Dearborn families, we’ll name one of our streets or roads to honor that young soldier who walked all those many miles to come back home to Epping and who went on to make history.

*\*For more about General Henry Dearborn, see the previous article.*

**This is twenty-first in a series.**

**Text/Research: Madelyn Williamson**

## **Epping Historical Society**

We, at the Epping Historical Society are off to a “running start” for the New Year. We officially are using our new door. Of course, the first day we started using the door we had 12 inches of snow! In the spring, we will be setting the engraved bricks on the ramp leading to the new entrance.

We have applications available to purchase a brick at the society, or check out our website at [www.eppinghistory.org](http://www.eppinghistory.org) for more information.

We held an election of officers for the board of directors in November. We elect our board every two years. The results are as follows:

President: Joy True

Vice President: Leitha Talmage

Secretary: Amy Goodrich

Treasurer: Sandy Goodspeed

Member-at-Large: Carol Bonenfant

We look forward to the New Year with new projects and programs. Our next project is making the bathroom more accessible. It certainly needs to be updated! Our plans are to have the work done this winter.

We are currently working on several programs for the coming year, and will have more information in the next Speak Up Epping Newsletter.

We have been working on the collection from the Sanborn family for over a year, and every day brings new discoveries. Don Sanborn and his nephew Richard “Buster” Sanborn were amazing in what they collected regarding Epping history. Every Monday we have between three and eight volunteers. These volunteers are really dedicated to the Historical Society, as well as the Town of Epping. Speaking of volunteers, the Board of Directors had a thank you party for these dedicated workers as a “HUGE” thank you for all the work they do every week. Everyone had a very good time, and we hope to make this an annual event.

We are looking for recipes for a future cookbook. Did your Mother or Grandmother have a favorite recipe that you make today? (Maybe a recipe that

was not so favorite!) Are you willing to share the recipe with others? We would like to start collecting recipes for a summer publication. What do you remember of your childhood "suppers"? I remember our Sunday night supper was "milk toast" or "S.O.S." Dessert was a rare occurrence - remember the "grainy fudge" of the old days? But the pies were excellent! An afternoon snack was saltine crackers spread with butter and sugar sprinkled on top. YUM!!

We are open Mondays from 8:00 to 12:00, or when the flag is flying. If this is not convenient for you, please call us at 679-2944 for an appointment. We are more than willing to open for you to visit. Many times a visitor comes from out of town, not knowing we have limited hours, but we do our best to open the building for them to visit.

*Submitted by Joy True*

## **Lamprey River Advisory Committee**

### **Otters in our Waters**



[http://www.nps.gov/romol/naturescience/river\\_otter.htm](http://www.nps.gov/romol/naturescience/river_otter.htm)

While some people complain about winter, the local river otters make the best of a good situation. At times, these playful critters quite literally slide through life.

River otters are the largest members of the weasel family found in New Hampshire. They can weigh between 11 and 31 pounds and grow from 25 to 40 inches in length. They have thick, water-repellant brown fur, webbed feet, and a powerful tail for swimming. They have agile paws that are also sensitive to touch. Their thick whiskers help them to navigate under water and on land. For food, river otters eat mostly fish, but they also partake of crayfish, mussels, amphibians, or turtles if the opportunity arises. Like all weasels, river otters have long, slender bodies and are excellent hunters.

Although they are fairly common, few people are lucky enough to see river otters in action. These sleek hunters are active during dawn and dusk and spend much of their time in water-side burrows out of the view of humans. They hunt mostly

underwater and rest in burrows. Winter time, however, offers a few more opportunities to see these critters as they walk, run, bound, or slide over ice or snow near the river or beaver dam impoundments. Some lucky outdoors people might witness younger otters engaged in a session of practice wrestling or chase with their siblings.

River otters generally live 8 or 9 years in the wild. They have few natural predators in the water, but on land, they can be preyed upon by bobcats, coyotes, dogs, and red foxes. Most rivers otters die from human-caused factors such as road-kill, trapping, illegal shooting, or from an accumulation of toxins that were eaten by the fish that were later eaten by the otters.

To make sure river otters and many of our other wild critters enjoy a positive future, NH wildlife biologist Eric Orff concludes, "we must protect and preserve more of the large wooded habitat blocks in New Hampshire, especially those along our rivers and streams. We must link these areas with wildlife corridors along our rivers by protecting the riparian corridor at streams' edges. Recent studies show that protecting a greenway 300 feet wide along our rivers and streams could maintain nearly 80 percent of the states' diversity of species -- including many of our wily weasels." That "otter" be pretty easy... give them their space and they will continue to make our rivers truly special.

### **Assaulted by Salt**



*photo from epa.gov*

Salt, sodium chloride, has always played an important role in human culture. It flavors and preserves food. It has many industrial uses. In Roman times, salt was so prized that soldiers were paid in part with salt, a salary.

But today is today and salt is easily obtained. It is just about everywhere people live, work, and play. Processed food is full of salt and we often need to avoid too much of it in our diet. In cold places like New England, salt is also lurking in the water and land. Normally, salt on land and in inland areas is a rare commodity. In tiny amounts, salt is necessary for life. In large quantities, salt is toxic to most organisms.

Salt scattered on roads and parking lots to melt ice dissolves in water and goes wherever water goes. As water runs off roadways, it flows into ditches, onto lawns, and down storm drains. When

that water is salty, it still follows the same routes. It ultimately filters down into groundwater or into streams. Once salt is present in the water, it stays there. Desalination is very expensive and is not an option.

Salty run-off is a big problem in winter, but summer is often the worst time for salt contamination of streams. In spring, lots of rain and snowmelt results in lots of salt going into water bodies as expected, but there is so much water that the concentration of salt is lower. In summer, salty water that soaked into soil and groundwater is slowly released into streams. The flow of streams in summer is often low anyway, but in summer, more water evaporates, leaving more salt behind. Animals that live in fresh water can be poisoned and killed.

The Environmental Protection Agency and the NH Dept. of Environmental Services regulate the allowable concentration of chloride in streams. In many samples taken along the Lamprey River, those concentrations have been exceeded. In fact, the amount of salt in New England streams has increased 2-3 times since the 1940s. This trend follows the increase in pavement in the area.

What is being done to reduce the amount of salt applied to winter roads and still keep drivers and pedestrians safe? Many towns in the area have sent their snow plow drivers to UNH's Technology Transfer Center to learn strategies that reduce the amount of salt by maximizing the timing and type of salt application (rock salt versus brine solution) onto roadways. The NH legislature recently passed RSA 489-C that limits liability for private parking lot owners and snowplow operators if they learn and apply best practices for salt application.

We all can help by not relying on or expecting salt to solve all our slippery winter situations. Salt does a poor job of melting ice once ice has built up. If you have an ice build-up on your driveway, sprinkle some clean sand for traction. The best thing to do, however, is to SLOW DOWN when driving, avoid driving in the snow unless it is absolutely necessary, and wear footwear that will give you better traction on snow.

Too much salt is not a good thing. We can certainly be healthier with less salt, and so will Mother Nature.

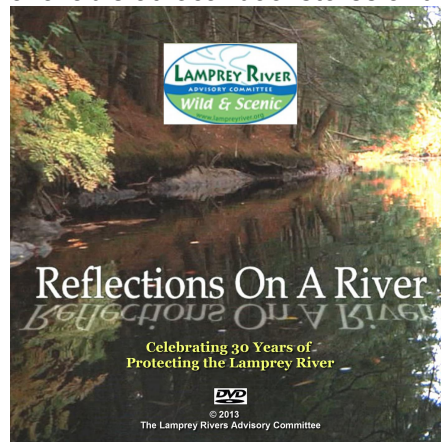
### **Lamprey River 2013 Small Grants Wrap-up**

Since 2009, the Lamprey Rivers Advisory Committee has funded grants up to \$5000 for creative projects that help to spread the word about our wonderful river. The Small Grants awarded in 2013 continued that tradition.



*Kevin Martin and the NH State Champion Black Gum in Epping.*

Kevin Martin from Epping used his grant to write and publish a [Guide to the Big Trees of the Lamprey River](#). In October, Kevin led an enthusiastic group to view many of the Lamprey's big trees. These trees are not just big; most are county or NH state champions. It was great to walk through public areas and suddenly gaze upon a really big specimen in its habitat. Although Kevin won't be leading another tour in the near future, anyone can retrace the route by using the guide available at [www.lampreyriver.org](http://www.lampreyriver.org) under the multimedia center, brochures. For those interested in exploring the Big Trees elsewhere in New Hampshire, Kevin has written a book that will be available at local bookstores and libraries soon.



Dawn Genes (executive director of the Lamprey River Watershed Association) and Breakaway Media used their Small Grant to document thirty years of citizen actions that have resulted in the Lamprey River's many protections. From very humble beginnings to state and federal protection, their video gets the inside scoop from several

people who have done their share to make sure the Lamprey is an asset to all for now and the future. If you would like to view this video, please visit <http://www.lampreyriver.org/multi-media-videos-reflections> or visit your local library.



*The Lamprey River "Stream of Conscience" art installation at the Durham Public Library*

Christine Destrempe, director of Art for Water, brought local and global water issues to life for residents of the Oyster River School District. She led five classes for elementary and high school students as well as an evening session for the community-at-large. After her presentations, she gave each participant a piece of paper and asked each person to share a personal quote, story, or impression about water. She then took those pieces of paper and created a Stream of Conscience art installation at the Durham Public Library. To learn more about Art for Water, please visit <http://artforwater.org>.

Lamprey River Small Grants will be offered again this year. If you want to help raise awareness of the river and have a cool idea, please contact Sharon Meeker, outreach subcommittee chair, at 659-5441 or [s-meeker@comcast.net](mailto:s-meeker@comcast.net).



*Submitted by Suzanne Petersen*

## UNH Cooperative Extension News

### Workshop Helps Homeowners Storm-proof Their Properties

The UNH Cooperative Extension will offer the workshop "Storm-proofing Your Property: The Effects of Wind, Ice, and Snow on Trees, People, and Property" in three communities in January. Participants will learn how different types of storms affect trees and property and how to make property less vulnerable to storm damage.

UNH Cooperative Extension Forestry Field Specialist Fred Borman will lead the workshop, where participants will also learn how to properly plant and maintain trees to reduce the risk of storm-related property damage and what to do when damage occurs.

The workshop is free and open to the public.

Workshop dates, times, and locations:

January 14, Exeter, Exeter Public Library, 6:30 – 8:30 pm

January 27, Chester, Chester Public Library, 6:30 – 8:30 pm

January 29, Derry, Derry Public Library, 6:30 – 8:30 pm

## The Civil War Roundtable of NH

Hello All

The Civil War Roundtable of New Hampshire was founded in May of 1991, and is dedicated to all aspects of the Civil War: education, preservation and restoration. The CWRT-NH is a group of men and women who share a common interest in the War Between the States and that period in American History that defined Our Nation, as we know it today.

Our meetings are usually held the 3<sup>rd</sup> Friday of each month, except when held on the 2<sup>nd</sup> Friday per online schedule. The meeting usually includes a Speaker followed by a Discussion. Coffee is served at 6:45 pm and we begin the meeting at 7:15 pm. The CWRT-NH is a non-Profit 501(c) organization and we are open to the public. Our meeting location is the Epping Town Hall 3<sup>rd</sup> floor (elevator available).

The following is our schedule from January through March, 2014.

NOTE: logon to [cwrtnh.org](http://cwrtnh.org) for membership, board members and CWRT-NH news

**January 17, 2014** - Dr. Michael Schroeder (CWRT-NH) ~ "Union Naval Operations Against New Orleans."

**February 21, 2014** - Diane Monroe Smith (author/historian) - "Command Conflicts in Grant's Overland Campaign." (book)

**March 21, 2014** - Steve Floyd (CWRT-NH) - "Gettysburg Memorials"

Hope to see you come to our meetings in 2014 and become a member.

Happy Holidays!

*Submitted by Dan Bennis Board Member, CWRT-NH*



## Epping Garden Club

The members of the Epping Garden Club would like to thank those who supported us, in our Poinsettia Fundraiser. We hope your plants are adding to the festive mood, as you decorate for the holidays.

The Town Hall has been decked out for the season as well a few spots around town. We hope you enjoy the added touches as you travel around town.

Merry Christmas and Happy Holidays from the Epping Garden Club.

*Submitted by Eunice Miller*



## Ledd Center

Here's a sneak peek at the great shows coming to the Leddy Center for the 2014 season. The first production will be "On Golden Pond" from March 14 - 23, followed by "Guys and Dolls" from July 11 - 27, Mary Gatchell in Concert on October 3, "It's a Wonderful Life" from October 24 to November 9 and "A Christmas Carol" from December 5 - 14.

Individual tickets are \$18 and subscription series are available. The Leddy Center box office is open Monday through Friday from 3:00 to 5:00 pm. Visit or call the Leddy Center at 603 679-2781 for ticket information or you may order tickets online at [www.leddycenter.org](http://www.leddycenter.org).



## ETV Schedule

Channel 22 – ETV – Schedule – live programs

Monday – Jan. 6, Tuesday. Jan. 21; Monday,

Feb. 5. 17 – Selectmen – 7 pm

Tuesday – Jan. 7 – Water and Sewer – 7 pm

Tuesday – Feb 18, – Library Trustees – 7 pm

Tuesday – Jan. 14; Feb. 11 – Conservation

Commission – 7 pm

Wednesday – Jan. 15, Thursday, Jan. 16;

Wed., Feb. 19 – Budget Committee – 7 pm

Wednesday – Feb. 5 – Recreation Commission

– 7 pm

Thursday – Jan. 2; Feb. 6 (deliberative), 20

– School Board – 7 pm

Thursday – Jan.9; Feb. 13 – Planning Board – 6 pm

Friday – Jan. 17; Feb. 21 – Civil War Roundtable – 7 pm

Town Deliberative Session -Tuesday Feb. 4 – 7 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: [http://etv22.pegcentral.com/live/live\\_etv22.html](http://etv22.pegcentral.com/live/live_etv22.html).

## Epping Military Now Serving in Afghanistan

Justin Cook

John Cooney

Steven Moody

Daniel Musso

David Musso

Brendan O'Day

Tom Seaman

Patrick Tibbetts

### More Military News:

SPC, Steven Moody, grandson of Phyllis McDonough, will be heading back to the States in January 2014, after a year's deployment in Afghanistan!

Dave Reinhold's son graduated from Army Boot Camp on December 5<sup>th</sup>.

Please let us know if we've missed anyone. We'll list them in our next issue.

## Cell Phones for Our Troops

### Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.



## Scouting Around Epping

### Cub Scout Pack 136

Happy New Year Everyone! Welcome to a new year of Scouting!!!

A big Thank you to all the parents that have stepped up and taken on Committee Roles this year. The Pack couldn't run without you volunteering your valuable time!

### Past Events:

Skating at Exeter Rinks The boys and their families strapped on some skates and enjoyed a family fun day of Skating at the Exeter Rinks. Thanks to all who went and volunteered your time

### January Events

UNH HOCKEY!!!! Let's hear a big roar of excitement and support UNH on **January 4<sup>th</sup>**. The kids and their families get to sit ringside and cheer on our local team....GO WILDCATS!!!!!!

**January Pack meeting** at the EMS café on Wednesday, January 15<sup>th</sup> at 6:30 pm

### February Events

**Scout Sunday: Sunday Feb 2<sup>nd</sup>** Scouts should proudly wear their uniform at your place of worship.

**Scouting Anniversary: Friday February 8<sup>th</sup>**  
The boys will wear their uniforms proudly to school to show their support of Scouting.

**Scouting Winter Carnival Fun Day: Saturday, February 8<sup>th</sup>** The boys will embrace winter and participate in fun winter activities with their fellow Scouts.

**Blue and Gold Banquet;** Our theme this year Endangered Species: **Friday, February 21<sup>st</sup>** at Epping Elementary School.

Our Webelos 2 will be presented with the Arrow

of Light, the most coveted Cub Scout award before transitioning to Boy Scouts. Our celebration will be held on **Friday, February 21<sup>st</sup>** at the Epping Elementary School.

### Other ways to help the Scouts:

#### Empties4cash fundraising program:

We are collecting unwanted or used inkjet cartridges. We will have collection sites at the Library, the Town Hall and possibly the Community Church. If you have unwanted inkjet cartridges at home that you can donate to the Scouts, please contact Andrea Meyer at her e-mail address at [ameyer71@gmail.com](mailto:ameyer71@gmail.com).

### Interested in Scouting? About Scouting:

Scouting is organized into Dens by age groups: 1st grade, Tiger Cubs; 2<sup>nd</sup> grade, Wolf; 3<sup>rd</sup> grade, Bears; 4<sup>th</sup> grade, 1<sup>st</sup> year Webelos; and 5<sup>th</sup> grade, 2<sup>nd</sup> year Webelos.

The Pack consists of Dens and their families. Pack 136 meets monthly, usually on the third Wednesday of every month at 6:30 pm at the Epping Middle School. Pack meetings are filled with fun, games, skits and songs and they're a way to celebrate Scouting, promote family sense of community and reward the boys for their hard work.

### SCOUTING = FUN, Don't miss out!

We are looking forward to lots more fun events. Some examples of things we plan to do this school year are: Family Fun day at a corn maze, Family Bowling night out with the Pack, Attend a Monarchs game, Winter Fun Day at Camp Dion (the Webelos get to do a sleep over!), Blue & Gold Banquet, Pinewood Derby race, Rain Gutter Regatta Race, Sleepover on the SS Salem. See historic Battleships and camp overnight on a real battleship, Fisher Cats game and camping overnight on the field. It's going to be an incredible year of Scouting. The boys will all be working hard on their badges for the year.

Thank you to the Epping Community for all of your support. We would like to thank the Epping School System (SAU 14) for their generous donation of a handicapped-accessible meeting place for our monthly Pack meetings!

If you can't make one of our meetings but would like more information about how to join Cub Scouts, please contact our **Cubmaster, Michael Page** at [michael.page.nh@gmail.com](mailto:michael.page.nh@gmail.com) or at the following [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website

where you can find more Pack information at  
<http://www.pack136epping.org/calendar>.

*Submitted by Rainy Melton*

## **Boy Scout Troop 136**

The Troop would like to thank all those who supported the fall fundraisers of popcorn, community calendars, and Yankee Candles. The calendars are available now for a suggested donation of \$5.

Scouting for Food was big success thanks to the Epping residents who donated non-perishable foods back in November. Food was collected and distributed to local food banks.

At the December Court of Honor many Scouts received merit badges they had earned in climbing, kayaking, first aid, search and rescue, geocaching, and citizenship.

Zach Omansour advanced in his Scouting ranks to 2<sup>nd</sup> Class and then 1<sup>st</sup> Class.

The Scouts have many things planned over the next few months such as a Fun weekend at Camp Bell, Winter Freeze camp out in Raymond at Zion Camp, the Klondike competition, and so much more. If you know a boy between the ages of 11 and 17 who would benefit from an organization like the Boy Scouts, please contact Les Houston at 231-1148.

*Submitted by Les Houston*



## **Girl Scouts of the Green and White Mountains**

The Girl Scouts are having January informational events in the area for Daisies, inviting girls in Kindergarten and 1<sup>st</sup> Grade.

Come learn about Girl Scouting from cookies to camp and everything in between. We'll explore the Girl Scout leadership experience and all of its possibilities including that new curriculum and old traditions. All girls in grades K & 1 are welcome. Volunteer opportunities available! Events dates and locations:

### **Fremont Public Library**

7 Jackie Bernier Drive

Fremont, NH 03044

Tuesday, Jan 8<sup>th</sup> 5:00-6:30 pm

### **Exeter Chamber of Commerce**

21 Front Street

Exeter, NH 03833

Wednesday, Jan 29<sup>th</sup> 5:00-6:30 pm

### **Raymond Dudley-Tucker Library**

6 Epping Street

Raymond, NH 03077

Thursday, Jan 30<sup>th</sup> 4:00-6:00 pm

Events are also scheduled in Portsmouth, Dover, Seabrook, Farmington, Barrington, Derry, Bedford, Manchester and Londonderry.

If you would like more information, please visit [www.girlscoutsgwm.org/explore.html](http://www.girlscoutsgwm.org/explore.html) or call us at 888 474-9686, ext. 165.

## **American Legion News**

### **American Legion Dance with The Echotones**

Come keep warm with us and The Echotones!! The American Legion Family at Post 51 in Epping is hosting a dance featuring "The Echotones" on **Saturday, January 11<sup>th</sup>**. The Echotones play good time rock-n-roll and country music! The doors open at 8:00 pm. Admission is \$6/person at the door. Hamburgers, hot dogs and chips are included in the price and a cash bar will be open. Singles are welcome! The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). For more information, call 679-8320.

### **Valentine's Prime Rib Dinner and Dance with "The Bert Scott Band"**

The American Legion Post 51 is hosting a Valentine's Prime Rib Dinner Dance featuring "The Bert Scott Band" on **Saturday, February 15<sup>th</sup>**. The dinner includes prime rib and all the fixings. **ONLY 100 Tickets** will be sold for this Prime Rib Dinner that will be served between 6:00 pm and 7:30 pm. **The tickets MUST BE purchased in advance for \$15/person or \$25/couple. TICKETS GO ON SALE ON JANUARY 10<sup>th</sup>. To buy them, please see the bartender in the Canteen at the Epping Legion.** Tickets will be sold until they run out or until the cutoff date of February 10<sup>th</sup>!! The ticket does include entrance to the dance that will begin at 8 pm. "The Bert Scott Band" will be playing 60's, 70's, Rock, Rhythm & Blues!! You can check them out at [www.myspace.com/bertscottband](http://www.myspace.com/bertscottband). Grab your honey and come on down for a delicious dinner and a rock'n good time. If you miss out on the dinner tickets or you just want to attend the dance that starts at 8:00 pm, the cost is \$8/person at the door. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). All are welcome. For more information please call Darlene at 793-6090 or Janet at 944-3288.

### **Monthly Breakfast Buffets**

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, January 12<sup>th</sup>** and **Sunday, February 9<sup>th</sup>**. Eggs, Bacon, Sausage, Toast, Pancakes, Home Fries and Coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate, \$4.00 per child and worth every penny!

*Submitted by Janet DeLong*



### **Epping Fire Department**

The Fire Department will be burning trees again as a fundraiser. The date will be **Saturday, January 4<sup>th</sup>** at the Pleasant Street Complex from 8 am to 4 pm. Donations will be accepted.

#### **Explorer Post 716**

Youth 14 years old to 20 years old are invited to join the Epping Fire Department Explorer Post. The Explorers meet on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 7:00 to 8:30 pm.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information call Cliff Cray at 396-9436 or e-mail at [deacon100@comcast.net](mailto:deacon100@comcast.net).

#### **Police Explorer Post 714**

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

### **Epping Community Church**

Epping Community Care was extremely busy during the holiday season. We are so thankful to everyone that helped support our food pantry, Coats of Caring and Soup Cafe. Shaw's Supermarket gave us 25 food boxes in time for the Thanksgiving holiday. We received a huge donation of food from Epping Elementary. There was probably 50% more food donated this year!! An outstanding job was done by all of them! We also received donations from the Middle and High School that we are using to keep our shelves stocked. This was a tremendous help. St. Joseph's Parish has been keeping us supplied with food on a monthly basis. A special thank you to Tom and Ann Carleton for their pick up and delivery! Wal-Mart

sold "handle-bags" at their store and we were able to pack Christmas baskets with all kinds of wonderful food items. Thank you to all that bought these bags. We also received baked goods from Starbucks twice per week that added a little extra for our clients. We had so many donations from caring individuals and businesses and we are grateful for every one of them. We've been so blessed to have many volunteers to keep these programs running in the community to help serve those in need. Thank you to everyone that has helped us throughout 2013!

We will have our Third Saturday dinners on **January 18<sup>th</sup>** and **February 15<sup>th</sup>** from 5:00 to 6:30 pm. We will be serving a turkey dinner with all of the fixings for \$8.00 and \$4.00 for children.

Pizza night is every Friday from 5:00 to 6:30 pm. They offer a large pizza with any topping you want for \$8.00 and it includes a soda. You can also get pizza to go by calling the church at 679-5542.

Our church service is at 9:00 am every Sunday. The 2<sup>nd</sup> Sunday of every month the Praise Band plays and that is always wonderful. Sunday School is at 11:00 am for all ages including a adult class.

We'd love to have you come and join us.

### **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

**Mass times** now at 8 am on Mondays and at 7 pm on Wednesdays.

#### **January**

**January 3<sup>th</sup>** First Friday Adoration 8 am to 7:45 am

Saturday, January 4<sup>th</sup>

**January 15<sup>th</sup>** 7:30 pm Healing Service

**January 11<sup>th</sup>** Squire Dinner 5 pm

**January 18<sup>th</sup>** Mission Dinner

#### **February**

**February 7<sup>th</sup>** First Friday Adoration 8 am to 7:45 am Saturday, February 8<sup>th</sup>

**February 8<sup>th</sup>** Squire Dinner 5 pm

**February 15<sup>th</sup>** Mission Dinner 5 pm

**February 18<sup>th</sup>** K of C Blood Drive Noon -7 pm

**February 19<sup>th</sup>** Healing Service 7:30 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information on upcoming events.

## Epping Bible Baptist Church

Epping Bible Church is a community of Christian believers who seek to grow in maturity and in knowledge of Jesus. We average 125 people on Sunday mornings and visitors are always welcome to join us. We love to share that Jesus has come that we might have life and have it more abundantly, and are excited to teach how to find that abundant, joyful life!

Our Sunday mornings begin with a full, free breakfast starting at 8:00 am.

Sunday School is offered for all ages beginning at 9:30 am.

Our morning service starts at 10:45 am and is what we call a blended service that contains a mix of both contemporary and traditional elements. Childcare is provided at all of our services by background checked, CPR certified volunteers.

Sunday evenings at 6:00 pm, we have an informal time for fellowship, discussions, questions and sharing.

Small groups exist for men and women who share the desire to gather regularly for mutual Christian growth through loving, learning, serving and reaching others in order to become better disciples of Jesus. They are available at various times throughout the week, including a young adults group, a men's group and a women's group.

We offer Choir for all ages. Practices are held on Sunday evenings.

Prayer meeting meets on Wednesday evenings at the church at 7:00 pm.

AWANA takes place on **Friday** nights for kids age 4 through grade 6.

Faith Bible Institute is a college level Bible course that is held on **Monday** nights at 6:30 pm.

We offer a free food pantry on the second and third **Fridays** of each month at 1:00 pm.

Our goal is to serve others in our community and surrounding communities with the love of Christ and to share the Gospel of Jesus' death, burial and resurrection with everyone!

Our services can be seen on Sunday mornings on ETV - channel 22, and can also be seen on our website.

Pastor Ron does a devotional online each week, and is always available to serve the needs of our community.

For more information, please contact us at [www.eppingbible.org](http://www.eppingbible.org).

## West Epping Quaker Meeting House

Friends (Quakers) have been meeting in Epping since 1772. The present Meeting House was built on Friends Street in 1851 on land given by John Folsom.

We have Meeting for Worship every first and third Sunday at 10:00 am. We meet in silent meditation for an hour. If someone feels moved to share a message they are encouraged to do so. Because our group is small the meeting remains rather silent. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Children's Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Hours: Monday, Friday, Saturday 10 – 5

Tuesday, Wednesday, Thursday 10 – 8

Closed **Wednesday, January 1<sup>st</sup>** New Year's Day

Closed **Monday, January 20<sup>th</sup>** Civil Rights Day

Closed **Monday, February 17<sup>th</sup>** Presidents Day

### Overdue Fines

Overdue fines will start on **January 1<sup>st</sup>**:

10 cents per day for books, audiobooks and magazines, \$10 per item limit

\$1.00 per day for videos and DVDs, \$15 per item limit

Patrons have over 1500 overdue items and we need to get them back.

### Saturday Cinema at 1:30 pm

**January 11<sup>th</sup>** – Despicable Me 2

**February 8<sup>th</sup>** – Cloudy With a Chance of Meatballs

### Knit Night

2<sup>nd</sup> and 4<sup>th</sup> Wednesday nights at 7:00 pm. Bring your own yarn and needles. Enjoy the company of other knitters! For more information, contact coordinator Marjorie Pim at [marjpim@yahoo.com](mailto:marjpim@yahoo.com).

## Adult Book discussion Groups

New members are welcome!

The Eclectic Book Club meets on second Wednesday nights at 7:00 pm.

The Dusty Old Mystery Book Club meets on third Wednesday nights at 7:00 pm.

Please call us at 734-4587 or visit us at [www.eppinglibrary.com](http://www.eppinglibrary.com) for more information..

*Submitted by Bradley A. Green, Library Director*

## Epping Youth Coalition

The Epping YOUTH Coalition Meetings have been well attended and full of wonderful ideas, information, and enthusiasm!

We have found a direction and purpose in researching and providing additional after school opportunities for Epping students. Ideas include a skate/bike park and additional basketball courts for the youth. We would like to survey the students for THEIR interests and ideas and then proceed.

Further discussion of youth and community "Areas of Need" revealed the need for a Community Center/Multi-Purpose Building. Ideas to include are a Recreation Facility, Youth Sports Area, Senior Center, Children's Media Center and Emergency Shelter. We will request to be on the agenda for the January 6<sup>th</sup> Selectman's meeting, to form a Committee to research the feasibility of an Epping Community Center.

Extended Learning Opportunities available so far for High School credit are the Explorers Programs, for the Police and Fire Departments. They will be ready to go next quarter, and there are already two students interested in the Fire Department opportunity!

Support for the SRO warrant article vote in March will include several Forums to educate the community in February and March prior to the vote. Also, we'll invite neighboring SRO's to share the positive impact an SRO has had in their communities, and what an SRO is, and is not.

68 Hours of Hunger is a program that sends backpacks of non-perishable foods home with kids who may not have much/any food over the weekend. Kathy would like to have a parent step in to be the point person for the program, and perhaps include middle school students to help as well.

Next Meetings:

***Thank you for your Support and Ideas!  
Success is always a Team Effort!!***

**Please join us at the next Monthly Community Meetings, Tuesday, January 21<sup>st</sup>, February 18<sup>th</sup> and March 18<sup>th</sup> at 9 am, at the SAU Building!**

Meetings are held the 3<sup>rd</sup> Tuesday of every month!

*Submitted by Linda Daigles*

## Epping Parks & Recreation

### Department News

*Home of the "River Otters"*

Director: Nicole Bizzaro

Temporary office at Epping Town Hall

Cell Phone: 608-9487

[eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com)

Join us on Facebook and follow us on Twitter.

Due to structural issues at Watson Academy, the building is still closed to the public and the Recreation Center is closed and any programs or meetings there are cancelled until further notice. Adult Basketball will be run at the EMS Gym and Derry ATA Karate at the EES with no changes.

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or cell at 608-9487. The temporary Rec. Office has been set up on the 2<sup>nd</sup> floor at the Town Hall. Enter the main door and go up the stairs. There will be registration forms and other information available there. Any program payments can be given to staff at programs or can be mailed to us at 157 Main Street, Epping, NH 03042. Please make checks out to "Town of Epping." We appreciate your patience while we figure out our building issues.

Please follow us on Facebook for latest program updates, changes and announcements.

### Elementary School Programs

#### Martial Arts Programs at Epping Recreation and Elementary School (offered by Derry ATA)

Karate Classes

Mondays (EMS Stage) and Thursdays (EES gym)  
3:05 – 4:15 pm, \$65 per month

\*SPECIAL: New students who sign up will receive TWO FREE WEEKS!

For more information or to sign your child up, please contact Mrs. DeNapoli at 434-9444 or e-mail her at [dcdenapoli1023@gmail.com](mailto:dcdenapoli1023@gmail.com).

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

### Before and After School Programs

#### Grades K-7

6:45–8:15 am and 3:05–5:45 pm

Before School Program at EES Gym

After School Program meets in EES Gym, then Goes To EMS Cafe 3:15-4:15 pm, then Back To EES Gym till Close

We provide a safe, nurturing place for children

to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The **River Otters** before school program operates on normal school days at the EES gym in the mornings for youth in grades K-6. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am. Kindergarteners are escorted by staff. At the program, the youth are able to finish homework, work on arts and crafts projects, play games in the gym and use the playground. The youth are able to eat breakfast with the school breakfast program. The after school program starts at EES gym to gather, then they head outside to the Kindergarten and EES playgrounds during good weather days or over to the EMS/EHS Cafe for snack and homework time from 3:15 to 4:15pm, during cold or bad weather days. The programs then move into the EES gym, or other designated areas, for organized games and activities from 4:15-5:45 pm. The program operates from school dismissal until **5:45 P.M.** Children are grouped by grades: K-1, 1-2 and 3-6. This may vary slightly depending on space and child needs in each of the groups. Space fills up fast, so download a registration form today! We require registration for the Fall Semester and again in December for the Spring. We offer No School Day, Parent/ Teacher Workshop and Vacation Week full day programs, which will have separate registration forms! Please check one month in advance of any No School Days on the school calendar or call us at 608-9487 if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times.

#### **Middle/High School Programs**

**8<sup>th</sup> - 12<sup>th</sup> Grade CIT program** is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor In Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Department at [www.eppingrecreation.org](http://www.eppingrecreation.org).

## **Adult Programs**

### **Adult Basketball.**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up Co-ed basketball in the Epping Middle School Gym Thursday and Sunday nights.

Days / Times: Thursday - 7:30 - 9:00 pm

Sunday - 7:00 - 9:00 pm

Location: Epping Middle School Gym

Cost: \$30 for 10 nights - Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of days used. Once you have used your ten nights, bring in your next payment of \$30 for ten additional nights. You won't be allowed to play if we don't have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Check our Facebook page for updates on programs, including cancellations. We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

### **Zumba**

The popular dance aerobics class is back in the Epping Recreation Department with Zumba Instructor Cassandra Mullen. She has classes on Tuesday and Thursday nights 7:45 – 8:45 pm in the Epping Elementary School Gym. Cost: \$35 for a 6-week session or \$7 Drop-In.

Please visit Cassandra's Facebook page at <http://www.facebook.com/zumbawithcassandra> for more class information and to give music choice suggestions. She will also post changes or cancellations there. Please follow for the latest information on her classes

## **The Porch**

We are a not-for-profit organization.\* Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

\*We are currently waiting on the IRS to give us our final paperwork.

### Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

### Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 pm and goes until 4:30 pm.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form for more information!

We are currently accepting applications for volunteers to work at our Kids Club and Teen Central.



## Epping School District News

This school year the district will have a similar school calendar to last year, but with two more student days (two less professional development days). The calendar will include two parent conference days and four professional development days scheduled throughout the school year. Professional development days were selected taking into consideration holidays and voting day. There will be no early release days. Please visit [www.sau14.org](http://www.sau14.org) for the 2013-2014 School Calendar.

### Epping School District Child Find Clinic

The Epping School District will be holding a Child Find Clinic at the Epping Preschool on **Friday, January 24<sup>th</sup>** from 10:00 am until 2:00 pm. The purpose of the Child Find is to screen the developmental skills of children between the ages of 2.5 to 6 (those not enrolled in Kindergarten) who may be in need of special education services. The screenings are completed by school personnel and address the areas of motor skills, speech and language, vision, hearing and pre-academics. If you think your child may have difficulties or a delay in any of these areas, please call 679-8003 extension 103 to set up an appointment (appointments are required). This service is free of charge and open to all Epping residents. All results are confidential.

See you there!

\*\*\* Snow date 1/31/14 \*\*\*

### School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. Epping Television is also streaming meetings that you can watch live anywhere on your computer at: <http://etv.22.pegcentral.com>.

**January 2<sup>nd</sup>**

**February 6<sup>th</sup> (deliberative) and 20<sup>th</sup>**

# Families First

*support for families...health care for all*

**Epping Family Morning Out on Fridays, 9:30 – 11 am (Except 1/3).**

Epping Family Morning Out is for children from birth to six years, with their parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and a snack. Facilitator: Patty Keck. It will be held at the SAU 14 Building, 213 Main Street, Epping. Cost: Free

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2

## **Epping Elementary School (EES)**

### **EES School Calendar**

**Jan. 2** – Classes resume

**Jan. 2** – I Love To Read Month begins

**Jan. 6** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

**Jan. 17** – **NO SCHOOL – Teacher Professional Development Day**

**Jan. 20** – **NO SCHOOL - Martin Luther King Jr. Civil Rights Day**

**Feb. 1** – Report cards go home

**Feb. 3** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

**Feb. 7**– **NO SCHOOL – Teacher Professional Development Day**

**Feb. 13** – PTO Ice Cream Social 6 - 8 pm in multipurpose room

**Feb. 24** – I Love To Read Jamboree

**Feb. 24-28** – **NO SCHOOL – Winter Vacation**

*Submitted by Cheryl A. MacLeay*

## **Epping Middle School (EMS)**

### **Ashley Martin Wins Spelling Bee**

Seventh grader Ashley Martin spelled “propulsion” correctly to win the Epping Middle School Spelling Bee held at a school-wide assembly on December 11, 2013. She defeated runner-up Joe Furey. Ashley will now go on to represent EMS at the State Spelling Bee at the Capitol Center for the Arts in Concord on March 1, 2014 at 1:00 pm.

All middle school students participated in classroom bees and five finalists qualified from each grade. Sixth grade finalists were: Joe Furey, Avalon Brown, Oakley Lustenberger, Kayla Orthman, Derek Dixey, and Isabella Snyder (alternate). Seventh grade finalists were: Michaela Sable, Madison Downing, Jennifer Nikolova, Mercedes Nash, Ashley Martin, and Colin Farris. Eighth grade finalists were: Ryan McCullen, Nghia Tran, Jordan Place, and Stephanie DiFrancesco. Congratulations to all and good luck, Ashley!

### **EMS Students Shine in Foster’s Daily Democrat Holiday Writing Contest**

Epping Middle School had five winners in the annual Foster’s Daily Democrat’s Holiday Writing Contest. Maylee Gagnon, Everett Brown, Jr., Marisa Adams, Konrad Hodgman, and Ronnie

Hackett were all named winners; Marisa, Konrad, and Ronnie all earned perfect scores.

The winning pieces were featured in the newspaper’s Thursday, December 19<sup>th</sup>’s Showcase Magazine or they can be viewed on line at: [http://www.fosters.com/apps/pbcs.dll/article?AID=/20131219/GJENTERTAINMENT\\_01/131219331/-1/FOSENTERTAINMENT01](http://www.fosters.com/apps/pbcs.dll/article?AID=/20131219/GJENTERTAINMENT_01/131219331/-1/FOSENTERTAINMENT01)

Winners will be celebrated at a reception in Dover in January where they will receive their certificates and medals. Writing pieces were submitted by their Language Arts teacher, Pat Weisberg.

Congratulations!

### **Calendar Fundraiser Begins**

Epping Middle School will be selling cash calendars to raise money for school field trips, (such as Washington, DC and Nature’s Classroom). For ten dollars (\$10.00) you will have thirty-one chances to win up to \$2,900 during the month of March, 2014. Each day a name will be drawn with the prizes ranging from \$50 to \$500 per day. Once a name is chosen, it automatically goes back in for the next day’s drawing.

Principal Kyle Repucci has challenged all EMS students and staff to sell a minimum of five calendars. The top student seller from each grade will win a one hundred dollar bill! Other incentives planned are an ice cream sundae party, a pizza party, and outdoor activities in the spring.

See any member of the Epping Middle School community to buy your calendars! The calendars will be on sale until February 21, 2014. They make great gifts as well.

### **Epping Middle School Attends Stand Up NH**



Epping Middle School's newly formed Student Leadership Team had the opportunity to travel to



## Epping Calendar of Events for January 2014

<b>January 1</b>	<b>NEW YEARS DAY - NO SCHOOL    Town Hall and Library closed</b>
January 2	Classes resume
January 2	Epping School Board meeting in Epping Town Hall – 7 pm
January 2	EES I Love To Read Month begins
January 4	Cub Scout Night at UNH Hockey
January 4	Tree burning at the Fire Hall – 8 am - 4 pm
January 4	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
January 5	Town Deliberative Session
January 6	EES PTO meeting in the EES Art Room – 7 pm
January 8	Knit Night at the Library – 7 pm
January 8	Eclectic Book Group at the Library – 7 pm
January 8,29,30	Daisy Girl Scouts informational meetings
January 9	Epping Seniors meet at the Epping Safety Complex Fire Station at 1:00 pm
January 10	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
January 11	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
January 11	American Legion Dance with the Echotones at 8 pm
January 11	Saturday Cinema at the Library – “Despicable Me 2” at 1:30 pm
January 12	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
January 14	Last day for petition articles
January 14,27,29	UNH Cooperative Extension workshops “Storm-proofing Your Property”
January 15	Library Board of Trustees Meeting – 7:15 pm
January 15	Dusty Old Mystery Book Group at the Library – 7 pm
January 15	Cub Scout Pack Meeting in the Epping Middle School Café – 6:30-7:30 pm
January 17	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
January 17	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
<b>January 17</b>	<b>NO SCHOOL - Teacher Professional Development Day</b>
January 18	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
January 18	Epping Community Church Dinner “Roast Turkey Dinner” – 5-7 pm
<b>January 20</b>	<b>CIVIL RIGHTS DAY – NO SCHOOL    Town Hall and Library closed</b>
January 21	Epping Youth Coalition meeting in SAU building– 9 am
January 22	Knit Night at the Library – 7 pm
January 22	Filing period for Epping Town positions
January 24	Epping School District Child Find Clinic
January 25	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
<i>Dec. 10- Jan. 25</i>	Free Hard Cover Children’s Books at the Library with W.I.C. vouchers
January 28	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
January 31	Snow date for Epping School District Child Find Clinic
January 31	Last day to file for Epping Town positions

## Epping Calendar of Events for February 2014

Date	Event
February 1	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
February 2	Boy Scout Sunday
February 3	EES PTO meeting in the EES Art Room – 7 pm
February 4	Epping Town Deliberative session – 7 pm
February 6	Epping School Board meeting in Epping Town Hall – 7 pm (Deliberative session)
<b>February 7</b>	<b>NO SCHOOL - Teacher Professional Development Day</b>
February 8	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
February 8	Library Saturday Cinema – “Cloudy With a Chance of Meatballs” – 1:30 pm
February 8	Anniversary of Scouting
February 8	Cub Scout Winter Carnival Fun Day
February 9	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
February 12	Eclectic Book Group at the Library – 7 pm
February 12	Knit Night at the Library – 7 pm
February 13	EES PTO Ice Cream Social in the EES Multi-purpose room 6-8 pm
February 13	Epping Seniors meet at the Epping Fire Station at 1 pm “Christmas Party”
February 14	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
February 15	American Legion Valentine Prime Rib Dinner Dance with the Bert Scott Band – 6 pm
February 15	Epping Community Church Dinner “Roast Turkey Dinner” – 5-7 pm
February 15	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
<b>February 17</b>	<b>PRESIDENTS DAY - Town Hall and Library closed SCHOOL OPEN</b>
February 18	Library Board of Trustees Meeting – 7:15 pm
February 18	Epping Youth Coalition meeting in SAU building– 9 am
February 18	Knights of Columbus Blood Drive at St. Joseph – Noon – 7 pm
February 19	Town Candidates Night
February 19	Dusty Old Mystery Book Group at the Library –7 pm
February 20	Epping School Board meeting in Epping Town Hall – 7 pm
February 21	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
February 21	Last day to buy EMS cash calendars
February 21	Cub Scout Blue and Gold Banquet
February 21	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
<b>February 21</b>	<b>DEADLINE DATE for the March-April issue of the Newsletter</b>
February 22	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
February 24	EES I Love To Read Jamboree
<b>February 24-28</b>	<b>NO SCHOOL – WINTER VACATION</b>
February 25	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **February 21, 2014**. Please include the date, event name, location and time.